What is claimed is:

1. A scissors instrument, comprising:

a) a first blade;

b) a second blade defining a cutting interface with said first blade;

c) a tissue piercing tip of substantially smaller diameter than said first and second blades projecting from one of said first and second blades; and

d) a handle operable to move said first and said blades relative to each other.

2. A scissors instrument according to claim 1, wherein:

said tip is grounded so as to be not larger than approximately a 25 gauge needle.

3. A scissors instrument according to claim 1, wherein:

said first blade is an upper blade, said second blade is a lower blade, and said tip is coupled to said lower blade.

4. A scissors instrument according to claim 3, wherein:

said tip extends beyond said first blade.

5. A scissor instrument according to claim 3, wherein:

said first blade, and second blade and tip coupled thereto are of substantially equal length.

6. A scissors instrument according to claim 1, wherein:

said second blade includes an upper cutting surface, and said tip is substantially parallel to said upper cutting surface.

7. A scissors instrument according to claim 6, wherein:

said tip is substantially aligned with said upper cutting surface.

8. A scissors instrument according to claim 1, wherein:

said second blade includes a lower surface, and said tip is substantially parallel to said lower surface.

9. A scissors instrument according to claim 8, wherein:

said lower surface of said second blade tapers toward said tip.

10. A scissors instrument according to claim 8, wherein:

said lower surface of said second blade is substantially straight.

11. A scissors instrument according to claim 1, wherein:

said handle is a Castroviejos type handle.

12. A scissors instrument according to claim 1, wherein:

said handle includes at least one ring.

13. A scissors instrument according to claim 1, further comprising:

an elongate shaft proximal and distal ends, wherein said handle is coupled to said proximal end and said first and second blades are coupled adjacent said distal end.

14. A scissors instrument according to claim 13, wherein:

said shaft is tubular.

15. A scissor instrument according to claim 14, wherein:

said shaft is flexible.

16. A scissors instrument according to claim 15, wherein:

said shaft is a catheter.

17. A scissors instrument according to claim 1, wherein:

said tip has a cross-sectional shape which is one of,

i) round,

ii) triangular, and

iii) tear-drop.

18. A scissors instrument according to claim 1, wherein:

each of said first and second blades are tapered, and said second blade includes a secondary taper which at least partially defines said tissue piercing tip.

19. A scissors instrument according to claim 1, wherein:

each of said first and second blades are tapered, and said second blade includes a step which at least partially defines said tissue piercing tip.

20. A scissors instrument, comprising:

a) scissors blades;

b) a handle operable to move at least one scissors blade relative to the other; and

c) a tissue-piercing tip having a substantially constant diameter in relation to said scissors blades.

21. A scissors instrument according to claim 20, wherein:

said tip extends beyond said scissors blades.

22. A scissors instrument according to claim 12, wherein:

said scissors blades includes first and second scissors blades, and said tip extends from said second scissors blade.

23. A scissors instrument according to claim 22, wherein:

said first blade, and second blade and tip extending therefrom are of substantially equal length.

24. A method of creating an incision in an anatomical vessel, comprising:

a) providing a single instrument including scissors blades and a tissue-piercing needle element;

b) inserting the tissue-piercing element through an anterior surface of the vessel prior to incising the anterior surface of the vessel with another instrument; and

c) cutting the vessel between the scissors blades.

25. A method according to claim 24, further comprising:

d) prior to said cutting, advancing a scissors blade in alignment with the tissue-piercing element into the vessel.

26. A method according to claim 24, wherein

said advancing occurs parallel to a length of the vessel.